JOURNEY TO AUTHORSHIP

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Abstract

When faced with myriad subject matter to draw from, how does the professional educator choose where to begin research and scholarship. This paper will explore the steps one professor took to climb from Assistant Professor 10 years ago to Full Professor presently. The paper will reflect upon steps toward the progression of her career from teaching Action Research to novice public school teachers, to the publication of her first book, in collaboration with two other editors Preparing Preservice Teachers in the Inclusive Classroom (2017), Dickensen, P. Keough, P. and Courduff, J., was a combined effort with IGI Global Publishers to support candidates seeking their Preliminary Teaching credential while teaching in the PK-12 schools.
ABSTRACT (CONT.)
This author’s journey continued with success for the first publication to a desire to continue a second publication. Hence, the book proposal submitted, Ethical Problem Solving and Decision Making for a Positive and Conclusive Outcome, was enthusiastically accepted in December, 2017 by IGI Global Publishers to debut in January, 2019. The presentation/publication will enlighten the audience how a keynote speaker at the Milan conference of Chinese American Scholars, Giovani Degli Antoni, motivated this author/editor to share her knowledge of cognitive psychology to provide a globalization-of encouragement and well-being to others suffering from what Albert Ellis calls “stinkin thinkin”.
Give Back to the Poor!!

Raison d'etre service to another!!

My personal service was to give back to others a way to surmount making difficult decisions once made did not leave the mind/body depleted.
Consider completing a self-assessment as to how one’s personality affects decision making.

Identify, then, which quadrant the result of the self-assessment of one’s personality most closely resembles a quadrant.
https://www.16personalities.com/free-personality-test

- You find it difficult to introduce yourself to other people.
  - AGREE
  - DISAGREE

- You often get so lost in thoughts that you ignore or forget your surroundings.
  - AGREE
  - DISAGREE

- You try to respond to your e-mails as soon as possible and cannot stand a messy inbox.
  - AGREE
  - DISAGREE

- You find it easy to stay relaxed even when there is some pressure.
  - AGREE
  - DISAGREE
Sample Result of Self-Assessment

Protagonist: With vision and determination, nothing is impossible.

- Extroverted (autonomy)
- Intuitive: how I make decisions and cope with emotions (sensibility)
- Feeling: how I approach work, planning and decision making (sensibilty)
- Assertive: how confident I am in my ability and decisions (autonomy)
Interpretation of results (assessment)

- **Autonomy/Sensibility:** Decisions are made intuitively and for individual good.

![Graph with axes and points]

- Autonomy
- 4
- 1
- Equality
- Sensibility
- 3
- 2
The Paralyzation of Fear

- Fear of making the wrong decision
- How it will affect others?
- What will be the outcome?
- Perhaps better to make no decision
- Will my significant other/spouse agree?
- Will it be financially prudent?
The Waiting Room: Result of Fear

- *Oh the Places You’ll Go*: Dr. Seuss (Theodore Geiser)

“Waiting for the fish to bite”

“Waiting for the phone to ring”
Albert Ellis: “stinkin-thinkin”

- Rational Emotive Therapy – founder
- Remove pervasive negative thoughts with positive
- Replacement of negative past situations (thoughts) with reality (what is true!)
CHOICE! Answer to Fear of decision

° B.F. Skinner: ““Behavior is said to be put into play when a person wills to act. Willing is close to choosing, particularly when the choice is between acting or not acting, to will or to choose is evidently as unheralded as to act” (p. 53).
Conclusion: Journey to Authorship

Motivating Factors for Author

- Desire to “give back”
- Solve dilemma of making difficult decisions
- Determine pattern (personality) affecting own decision making (use of self-identifying position in quadrant (Baird & Niacaris, 2011))
- Share solutions to own struggles in decision making
Closing Remarks

“Our lives are made from the choices we make, good, bad or indifferent. The only quality of human life is, we can choose again!” (Keough, 2018, p. 7)
References


